



Ebonie Potter
MA, NADD-DDS, LCMHCA

Ebonie Potter earned a Bachelor of Arts degree in Sociology from the University of North Carolina at Greensboro and Masters in Marriage and Family Therapy from Liberty University. She is also a Competency Based Dual Diagnosis Specialist and Certified Life Coach in the areas of Marriage, Finance and Wellness.

Ebonie has worked in the Mental Health field for the last 15 years serving the following populations: Individuals with Intellectual and Developmental Disabilities (including Autism Spectrum Disorder and Traumatic Brain Injury); children and adolescents facing adverse life challenges as well as ADHD and ODD; and adults with various mental health diagnosis including anxiety, depression, PTSD and adjustment disorder. I have also conducted group, family and individual counseling sessions.

Ebonie's approach to therapy is a person-centered collaboration. In addition to utilizing Cognitive Behavioral Therapy and Motivational Interviewing, Ms. Potter will also bring authenticity, relatability, empathy, compassion and humor to the counseling room. She believes in treating the total person: bio, psycho, social and spiritual. Together, Ebonie and her client will work to combine the principles of Christian Faith and Psychology to impact and improve the client's overall mental health, relationships and life.